
Vital Signs 12.1.2019

1 message

TCMA <no-reply@test.wixshoutout.com>

Sun, Dec 1, 2019 at 10:11 AM

Reply-To: patriciaawallis@gmail.com

To: patriciaawallis@gmail.com

Can't See This Message? [View in a browser](#)

**WHAT'S COMING UP:**

- December 4 - Book Group pot-luck luncheon (rsvp)
- December 5 - TCMA Annual Business Meeting (rsvp to TCMS)
- December 6 - Holiday Luncheon (rsvp by 11/30)
- December 6 - next Vital Signs submission deadline
- December 7 - Hard Hats event
- December 17 - Chic Ladies Annual Holiday Gift Card Exchange (rsvp by 12/10)
- December 19 - TCMS/TCMA Family Social -
Zilker Trail of Lights (rsvp by 12/12)
- January 22 - Book Group
- January 26 - Book Group evening spouse event (rsvp)



TCMS/TCMA Family Social

Thursday, December 19

Zilker Park Trail of Lights

Experience this Austin tradition without the hassles of parking and crowds!

Bring your family for fresh baked holiday cookies, hot cocoa, a fully furnished and decorated party tent, special parking and early admission to the Trail before the holiday mob.

Date: Thursday, Dec 19

Where: Zilker Park Trail of Lights

Cost: \$25 per person (kids 5 and under are free) Includes one parking pass

Tickets: must be purchased by 12/12. No refunds.

Time: 6 pm to 9 pm

RSVP: tcms@tcms.com or 512-206-1249



Join Your Colleagues for an Elegant Evening of Well Deserved Accolades

There is still time to RSVP for the TCMS Annual Awards Dinner honoring Drs. Guadalupe Zamora, Alan Schalscha and Michael Graves. The occasion is always a festive affair and includes a plated dinner. This year's event takes place at the elegant Renaissance Austin Hotel in the Glass Oaks Ballroom.

Date: Thursday, Dec. 5

Time: 6:30 reception, 7:30 dinner and 8 pm awards presentation

Place: [Renaissance Austin Hotel, 9721 Arboretum Blvd](#)

RSVP: tcms@tcms.com or call 512-206-1249



2019-2020 Fund Drive Donors

Thank you to all Fund Drive Donors!

SPONSOR (\$1500 & OVER)

Sarah & Ernest Butler
Wendy & Anthony Propst

PARTNER (\$1000-1499)

GOLD (\$500 - \$999)
Berenice & Jason Craig
Drs. Carol & John Ziebert

ASSOCIATE (\$250 - \$499)

Christina & Arnold Fenrich
Jack & Jennifer Carsner
Drs. John & Shannon Abikhaled
Vickie & Guy Blumhagen
Jeni & Gus Lowry
Elaine & Michael Kasper
Beth & Kevin O'Farrell

CONTRIBUTOR (\$100 - \$249)

Charlotte & Sonny Haro, MD
Pat & Ted Wallis
Jenny Stern
Ann & Hector Morales
Barbara Tindel
Martha & Richard Coons
Mary & Byron Darby

DONATE HERE



Chic Ladies

Annual Holiday Gift Card Exchange Luncheon

Tuesday
December 17th
11:30

Join us at
Cafe Blue
Galleria
[12800 Hill Country Blvd.](#)
[Bee Cave, 78738](#)

Please bring a
\$20-25 Gift Card
to one of your favorite stores
to play our Holiday Game!

Please RSVP by
Tuesday December 10th
for your reservation
to Lara Norris at
larisalee1968@aol.com



Book Club Happenings

Join us to discuss the following selections:

December 4: Annual pot-luck lunch and book-suggestion exchange.

Kay McHorse will host. RSVP please.

January 22, 2020: My Antonia by Willa Cather

January 26, 2020: evening meeting with spouses to discuss Boys In The Boat by Daniel Brown. Pot-luck. RSVP required.

February 26, 2020: The Girl And The Tiger by Paul Rosolie

All daytime meetings begin at 10am. All members and potential members are welcome.

Please contact Kay McHorse at kmchorse8@gmail.com with questions.



2020 Membership Renewal Campaign

The TMA Alliance has launched our 2020 Membership Renewal Campaign with an email renewal notice landing in everyone's inbox. Renew your own membership today, and join the campaign in your county to encourage others to renew, too.

Renew Here



MAH JONGG

The Mah Jongg group began their fall schedule in early September, and will continue meeting the first and third Wednesday's of the month until the end of May 2020. We welcome new players, both experienced and beginners. An email is sent to the group before each play day with the date, time, and place. Please contact me if you would like to join the group and receive emails.

Thanks, Kathy Thorstad

kthorstad@austin.rr.com



HOLIDAY LUNCHEON

Friday, December 6, 2019

11:30-1:30p

Tarry House

3006 Bowman Avenue

Austin, TX 78703

Kindly RSVP by November 30th. You can RSVP by purchasing a ticket for \$30 at www.tcmalliance.org

*Be sure to bring a new or gently used children's book or small donation for Book Spring



MED BAG PROJECT

Lauren Gill is young lady in our community who is working to make an impact in the health of those working through the system at the borders in Texas. Please read her letter, attached in the link below, and if you feel inspired, help her create "med bags" for adults and children who are trying to seek asylum here in the US.

MedBagLetter



Hard Hats for Little Heads

The TCMA Foundation, together with the Texas Medical Association, is again providing free children's bicycle helmets at the Junior League's Coats for Kids Community Fair on Saturday, December 7, 2019, through our Hard Hats for Little Heads program. The fair takes place at the Palmer Event Center patio, [900 Barton Springs Road](#), from 8:30 am to 1 pm. The Fair is a very popular and important event, where families can prepare their children for the winter season and take advantage of the many health and educational resources that will be there.

We are looking for volunteers to help at the TCMAF table, fitting and distributing helmets, and educating families on proper helmet use. Volunteers should arrive by 8am and we will stay until all the helmets are gone (typically by 11am). Ability to speak Spanish is a plus, but not necessary!

Please contact Jenny Stern, VP Community Service Elect, at 704-578-3999 or at jstern117@gmail.com to volunteer or for more information.

Thank you!



Do you have news to share in Vital Signs?!

Please send in your news by 5 p.m. Fridays for that Sunday's Vital Signs.

Email Kathy Downie at kathy.downie@me.com.

4300 North Lamar Boulevard Austin, TX 78756 512-206-1270

www.tcmalliance.org 

