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TCMA Vital Signs Oct 10, 2021

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Sun, Oct 10, 2021 at 9:19 AM

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UPCOMING EVENTS:

- October 11 - Party With A Purpose committee meeting
 - October 12 - Executive Board meeting
 - October 13 – TCMS-Dell Medical School Virtual Town Hall on Pediatric Covid-19
 - October 19 - General Meeting - Rollingwood Park - more info below - [rsvp needed!](#)
 - October 20 - response deadline for TCMA business directory
 - October 27 - Book Group (*This Tender Land* by Wm Krueger)
 - October 28 - Saint Louise House meal prep (moved from 10/7)
 - October 31 - TCMS Trunk-N-Treat Halloween Event
 - November 16 - Alliance Arts – Texas State Cemetery tour & lunch - [rsvp needed!](#)
 - November 17 - Book Group (*Wild Swans: Three Daughters of China* by Jung Chang)
 - December 1 - Book group pot luck luncheon
 - December 10 - Holiday Luncheon at Westwood Country Club, supporting BookSpring
 - April 2, 2022 - SAVE THE DATE for the PWAP!
-

Note from TCMA President Jenny Stern

As I am writing this message, I just returned from a wonderful Alliance Arts event at the newly reopened and beautifully renovated Kingsbury Commons at Pease Park, Austin's first public park. A dozen Alliance members enjoyed a lunch on New-Deal era picnic tables, then heard about the history of Pease Park and its ecologically and historically sensitive renovation from Chuck Smith, COO of the Pease Park Conservancy, who then led us on a tour of the park, ending at the amazing "Treehouse." Don't miss this gem of a park! Thank you to Carrie Conner for planning this event.



And don't miss our Oct. 19 general meeting (with brunch!) in Rollingwood Park Pavilion at 10am, featuring local historian Ellen Balthasar.

Here is a photo of the Johnson Farm in the 1930s, now site of the Westlake HS Chaparral Stadium, to whet your historical appetites.

Thanks to all who have already renewed your Alliance memberships; if you haven't yet, do it this week! Please encourage your friends or acquaintances who are partners of physicians to join as well.

As always, I am so grateful for all the efforts of our Alliance members, who allow us to fulfill the Alliance's mission of improving the health of Central Texans and supporting the family of Medicine.

Enjoy the fall and stay safe,

Jenny



October General Meeting

Tuesday, October 19 at 10:00am

Rollingwood Park Pavillion

403 Nixon Drive, Austin, 78746

Park in the lot off of Gentry Drive, closer to Nixon. You will go down some steps then a gravel path next to the Rollingwood City Hall/Police Station. There is no street parking allowed along Nixon Drive. The Pavillion is in the lower section of the park, NOT near the baseball fields.

Guest Speaker, Historian Ellen Balthazar

Historical "Driving Tour" from Zilker Park along Bee Cave Road and Capital of Texas Highway

Followed by Brunch!!!

Please RSVP by Sunday 10/17:

dammert.c@gmail.com



COVID-19 – PEDIATRIC UPDATE –

October 13, 12 noon

Please join a Virtual Town Hall, presented by the TCMS and Dell Medical School for the medical community, on Wednesday, October 13, from 12-1pm.

Presenters from Dell Medical School faculty will provide an update on the impact of COVID-19 on pediatric patients, including information on MIS-C treatment algorithms and keys to limiting a future pediatric surge.

Presenters:

- [Kimberly Avila Edwards, MD](#), assistant professor and associate chair for advocacy, Department of Pediatrics.
 - [Sarmistha Hauger, MD](#), associate professor, Department of Pediatrics; chief of Pediatric Infectious Diseases Division; co-chair of the Texas Pediatric Society Committee on Infectious Diseases and Immunizations.
 - [Roshni Koli, MD](#), assistant professor, Department of Psychiatry and Behavioral Sciences; medical director of pediatric mental health services for Dell Children's Medical Center of Central Texas.
 - [Lynn Thoreson, DO](#), associate professor, Department of Pediatrics; fellowship director for the Pediatric Hospital Medicine Fellowship; associate program director for the Pediatric Residency program
- CME credit is available for this event [Learn More>>](#)

RSVP required: Login information will be sent to those who register for the event. [Please RSVP and submit questions in advance HERE »](#)



Resilience Reset talk by Anne Grady - Now Available on Video!

At the TMAA Awards Celebration on September 17, we were very fortunate to have Anne Grady as a guest speaker. If you didn't have the chance to attend, you can watch the awards ceremony and Anne's presentation, "Resilience Reset," by clicking the link below and entering the password.



This is available only for the next 54 days, so don't delay! It was an excellent presentation and is well worth watching. You can learn more about Anne and purchase her books at www.annegradygroup.com.

[Watch the Video](#) (Anne's talk begins at 9'45" into the video)

Password: TMAA2021!



It's time to renew your TCMA membership!

There are several ways to choose from...

- **Use your auto login link found in the email from TMA Alliance**

Look for the email sent on 9/24: "Renew Your TMA Alliance Membership Today"

It's the easy way to renew because the email will include your personalized auto-login information. All you'll need to do is click on the link and it will take you directly to your TMAA account to renew your membership. Be sure to check your junk or clutter files, so you don't miss this email!

If you don't receive the email, it may be because you're set up for autopay. If that's the case, your dues will automatically be charged on 10/2. **Physician TCMA members:** your invitation to renew TCMA membership will come after the one from TMA in January (but you can renew at any time by following the instructions below).

- **Renew Online**

Go to www.tcmalliance.org: Under the MEMBERSHIP tab, click on JOIN / RENEW. You'll see a blue button that will take you to a webpage on the TMA Alliance website. Once there, go to the upper right-hand corner and click on one of the blue buttons: JOIN NOW if you are a new member, or RENEW if you're renewing.

- **By Mail**

The TMA Alliance will be mailing paper invitations to renew your membership. You can use the paper form to respond by mail as instructed. Or, you can find the form on the www.tcmalliance.org website under the MEMBERSHIP tab. Click on JOIN / RENEW and then click on the red button in the middle of the page: MEMBERSHIP FORM. Print, complete and mail your form with a check to: TMA Alliance / 401 W. 15th St. / Austin, TX 78701

- **By Phone**

Call the TMA Alliance Knowledge Center at (800) 880-7955 with credit card information.

Renew by Thanksgiving & be included in a drawing to win prizes!

- Weekend getaway on Lake LBJ in Kingsland, TX – Lakehouse courtesy of Cindy & David Nelson
- Weekend getaway on Lake Travis in Lago Vista, TX – Lakehouse courtesy of Melissa & Todd Smith
- Fabulous YETI cooler – Donated by Reneé & Tony Stanley
- A delicious dozen of Eva Tugba McCage's famous cookies (3 lucky winners for this prize!)

Winners to be announced during the Holiday Luncheon on December 10



Everyone Get Your Flu shot!



It's Time for your Flu Vaccine! Here is a link to an article from the TMA, advising physicians to start administering flu vaccines as soon as they are available, especially to young children and other vulnerable populations. We don't want to forget about the dangers of influenza as we are dealing with the Covid Delta variant. <https://www.texmed.org/TexasMedicineDetail.aspx?id=57742>



**Want to promote your business or service
to other TCMA members?**

We're looking for a show of hands!



Planning is underway for the TCMA Member Business Directory! The thought is that TCMA members would like to use the services or products provided by other TCMA members when they can. The Directory will be located on the TCMA website under the "Membership" tab. There will be no cost associated with this resource, and only members can have listings in the Directory.

Please respond by October 20th to show your interest in being included in the directory

Send a quick email to: vp-membership@tcmalliance.org

Please provide:

- Your name
- Business name / description
- Business category, i.e. Real Estate Services, Interior Design, etc.

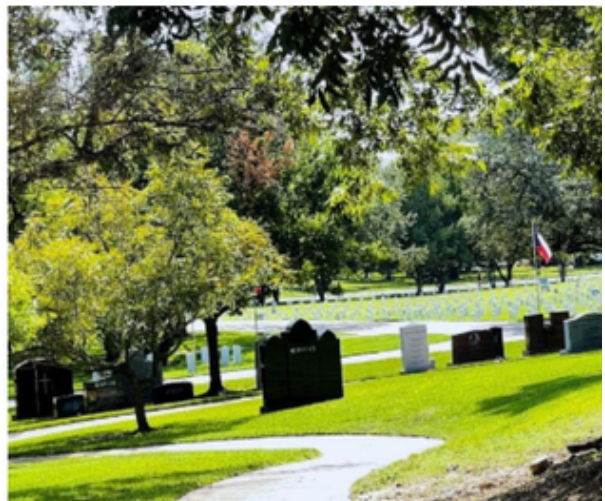
We'll be sending out forms to gather more information, but this will give us an idea of how many members would be interested in including a listing.



**TCMA ALLIANCE ARTS
Tour & Lunch
Tuesday, November 16, 2021**

11:30 am – 12:30 pm
Texas State Cemetery Tour,
909 Navasota St, Austin, TX 78702

Join us for a guided tour of the [Texas State Cemetery \(TSC\)](#), a space rich in history and beauty, of Texas size proportions. Barbara Jordan, Ann Richards, and Dr. Red Duke are buried at TSC, plus lots of other Texans with incredible legacies. This is in one of the most scenic spots in Austin. It is upbeat, popular with school age children, and will be glowing with fall foliage in November.



12:30 – 1:30 pm
Lunch Outdoors at Paperboy
1203 E. 11th Street, Austin, TX 78702

After the tour we will walk around the corner to [Paperboy](#) for lunch on the patio of this popular East side restaurant, that has no flash on the drive by, but is lovely inside and popular with hip Austinites.



Parking

Parking on the west side of Navasota, by the TSC ENTRANCE, is free to the public. Parking on the east side of Navasota requires \$3 in quarters for 3 hours. Watch for neighborhood permit requirements.

RSVP

Kiddos are welcome. Send RSVP by **Thursday, November 11** to Carrie Conner, Alliance Arts Committee Chair, at carrieconnercpa@gmail.com.



Let's help TCMS families celebrate Halloween at the TCMS Trunk-N-Treat event on Sunday, Oct. 31!

Trunk-N-Treat is a safe form of trick or treating—basically it is a group of decorated vehicles in a parking lot. During the event, doctors and their families will go from car to car collecting treats.

TCMS board members and retired physicians will be handing out goodies for the kids and we will join them passing out candy as well, along with TCMA membership material for the adults.



It should be fun AND you will be home in plenty of time to trick or treat with your own families.

Date: Sunday, Oct. 31

Set up time: 3:30

Event time: 4 to 6 pm

Place: Riverbend Church parking lot (4214 N. Capital of TX Hwy, Austin 78746)

Contact Jenny Stern if you are interested in joining the fun at
president@tcmalliance.org
or 704-578-3999.



Saint Louise House Meal Prep on October 28 (new date!)

TCMA is delivering a meal to Saint Louise House on October 28 for 25 - 30 moms and kids. As this is the day the families there will be celebrating Halloween outside, the meal may consist of pick-up food, like sandwiches. Contact Debbie Chilton at debbie.chilton@insperity.com if you are interested in helping out on the 28th.



TCMA presents

Party With a Purpose 2022

Palm Springs Cool

4.2.22

More details to come!



SAVE THE DATE



SAVE THE DATE



Book Group

October 27, 2021 *This Tender Land* by William Kent Krueger
Renda King & Peggy Russell will review

November 17, 2021 *Wild Swans: Three Daughters of China* by Jung Chang
Lynn Langley will review

December 1, 2021 Annual book group pot-luck brunch

January 9, 2022 - evening meeting - *The Last Days of Night* by Graham Moore
Sharon Kronberg will review

GUEST NIGHT: bring a friend, partner, spouse for a light dinner, cocktails and talk.

To join the Book Group, visit tcmalliance.org and click on the Book Review tab, under News & Events.



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512-206-1270

www.tcmalliance.org 

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