

TCMA <webmaster@tcmalliance.org>

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## TCMA Vital Signs May 8, 2023

To Deneitra Hutchison <denny@wadealliance.com>

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### UPCOMING EVENTS:

**May 9** - Executive Board Retreat

**May 17** - Mah Jongg

**May 18-20** - ALLMED 2023 Conference Fort Worth

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### Volunteer of the Year

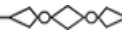


Deneitra Hutchinson was named Volunteer of the Year at last month's general meeting, and she could not deserve this honor more. When Pat Wallis, the former Vital Signs editor relocated across state lines, Deneitra seamlessly stepped into the role of editor. Since September 2022, Deneitra has worked tirelessly behind the scene each week to deliver an informative and creative newsletter.

After becoming a member in 2019, Deneitra subsequently joined the Executive Board as VP-Community Service (Elect). During the 2022-23 program year, she helped with the SLH apartment setup; assisted membership with its letter-writing initiative; cooked meals for a TCMA member through Cares & Concerns; served on the Nominating and Long Range Planning Committees; and is a member of the TMA Council on Health Promotions. In the upcoming year, she will serve as VP-Communications and has been appointed as a resource liaison on the 2023-24 TMA Alliance Board. Her skill set and demeanor make her the perfect woman for the job, and we are lucky to have her in the Alliance.



To see our gallery of PWAP photos - <https://www.tcmalliance.org/partywithapurpose>



## Volunteer To Help



### Hard Hats for Little Heads

Lalla Odom Elementary School (Title 1 school) needs your help fitting helmets for 1st & 2nd graders at their Health, Wellness and Physical Activity Fair.

**Saturday, May 13th at 9:00am**  
**1010 Turtlecreek Blvd, ATX**

Register to help by contacting Mary Renfro  
[mary.renfro@austinisd.org](mailto:mary.renfro@austinisd.org)



### Chaperone School Physicals

TCMS has partnered with CommUnityCare to offer physicals to uninsured students who would like to participate in sports, band and cheer.

Volunteer chaperones are needed

**Wednesday, May 10 at 5:30pm**

CommUnityCare North/Central (1210 W Braker Lane)

Register below or contact Chantel Pearson at  
[cpearson@tcms.com](mailto:cpearson@tcms.com)



**Register Here**





# BOOKSPRING FEST

## a read aloud celebration

<https://bookspringfest.org>

Carrie Conner and the BookSpring Leadership Team invite TCMA members and their families to attend BookSpring Fest on Saturday, May 13 from 2-8pm.

The free event takes place at BookSpring's stunning new headquarters at 1807 W. Slaughter Lane. No kids - no problem! Come meet some Austin celebrities; learn about BookSpring's mission; and check out BookSpring's permanent home. RSVP required. For questions, reach out to Carrie at

[carrieconnercpa@gmail.com](mailto:carrieconnercpa@gmail.com).



# Final Mah Jongg

May 17

This is the last day of play before summer break (Jun-Aug). We will meet at Serranos South (5030 US 290 at MoPac); **11:30am for lunch followed by play**. Welcome to new players; remember your quarters; and please RSVP if you are able to join us: Kathy Thorstad [kthorstad@austin.rr.com](mailto:kthorstad@austin.rr.com).



## Vital Signs Submissions

Over the summer (June, July, and August) Vital Signs will shift to a monthly schedule. Weekly distribution will resume around Labor Day.

It is my pleasure to keep you informed. I look forward to seeing you all in the fall. Have a safe and relaxing summer break.

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