

Travis County Medical Alliance <webmaster@tcmalliance.org>

2/19/2024 8:58 AM

## TCMA Vital Signs February 19, 2024

To Deneitra Hutchison <denny@wadealliance.com>

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**TRAVIS COUNTY MEDICAL ALLIANCE**

*A Century of Supporting  
Healthcare in Central Texas*

## TCMA Vital Signs February 19, 2024



**100**  
1924 2024

**TRAVIS COUNTY MEDICAL ALLIANCE & FOUNDATION**

*Centennial Celebration*

**6:30 PM**  
**FRIDAY, MARCH 1ST**  
**2024**

**VUKA**  
5540 North Lamar

Music by:  
*Love & Happiness*

Cocktail Attire  
Dinner & Open Bar

**Tickets \$150**  
[www.tcmalliance.org](http://www.tcmalliance.org)

*A Century of Supporting Healthcare in Central Texas*

**BUY TICKETS**



## **Upcoming Events**

**February 21: Mah Jongg**

**February 27: General Meeting**

**February 28: Book Review**

**February 28: Pop-UP! Social**

**February 29: SLH Meal Prep**

**March 1: Centennial Celebration Party With A Purpose**

**March 6: Mah Jongg**

# **A Century of Supporting Healthcare**

Think about a night on the town... how much was dinner? cocktails? live music? That's a chunk of change, and you didn't even get to put on a fancy dress for it! You know what's not a chunk of change? The **Centennial Celebration Party With A Purpose**. A ticket price of **\$150** will get you **dinner, cocktails, live music, dancing and a reason to dress up**. Oh, wait! Did I mention the raffle prizes - jewelry, vacation homes, VIP whiskey experience, jewelry, classical music, rock music, jewelry, wine, and more?

Bring your friends from the TCMA, the TCMS, your partners, your colleagues, your neighbors, your book club, your PTA... you get the idea. Everyone loves a good night out, especially when it's a good deal for a great cause.

Click on the [link](#) to buy your tickets now and forward the [link](#) to anyone who enjoys all of the above. It would be foolish to pass up a night like this!



In **2016** the Gala committee set up a **Night in Vegas**. I don't know if it was possible to squeeze more people into those rooms at the **Westwood Country Club**, but every blackjack table was full of gamblers happily winning and losing. Speaking from experience it was a VERY fun evening!



Back in time to **1993** and "**A Night in Old Havana**," the silent auction table was a mile long. Looking at the picture (below) makes me wonder if that fur coat and football were packaged together. The night was highlighted by live music from **The Sons Of Beaches** (despite they're name they looked pretty authentic), and mambo dancers got everyone on the dance floor.



# Mah Jongg

**Wednesday, February 21**

All welcome! This lively, long-standing group of TCMA invites seasoned and new members to join them on the 1st & 3rd Wednesdays of each month for this ancient Chinese strategy game.

Please contact Kathy Thorstad [kthorstad@austin.rr.com](mailto:kthorstad@austin.rr.com) for more information.



If you don't have time to play Mahjong during the day, and would like to enjoy an evening of fun and fellowship, here's an opportunity.

To express interest in a **monthly evening Mahjong**, please contact Verlaine MacClements: [verlainemacc@gmail.com](mailto:verlainemacc@gmail.com).



## **General Meeting**

### **February 27; 10:30am**

**6 Rock Way Cove, Austin**  
Home of TCMA Past President Shannon McNeil

Please join us for our next General Meeting with special guest speaker, **Robert Whitfield, MD**. Dr. Whitfield has been a plastic surgeon for 26 years and is a sought after provider for his HARP, Holistic Accelerated Recovery Program, and his "No-Cut" Facelift, as well cutting edge Wellness Spa treatments.

**He will discuss the latest technologies in facial aesthetics.**



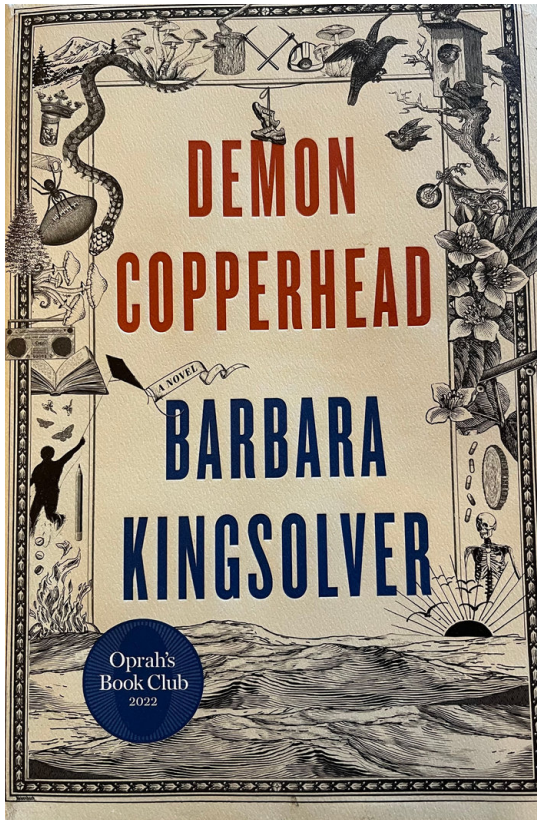
In addition, **we will be collecting paper products for Lirios Pediatrics**, a 2024 TCMA grant recipient and TMAA Medical Community Grant recipient. Please bring toilet paper/facial tissues/tri-fold paper towels (for dispensers) to the General Meeting.



Looking forward to seeing you there! Please contact Lara Norris, VP of Programs [larisalee1968@aol.com](mailto:larisalee1968@aol.com) with any questions.







## Book Review

Wednesday, Feb. 28 at  
10:00am

Karin Foster's house  
7905 West Rim Drive, ATX

Reviewing Demon Copperhead:  
**Barbara Kingsolver**

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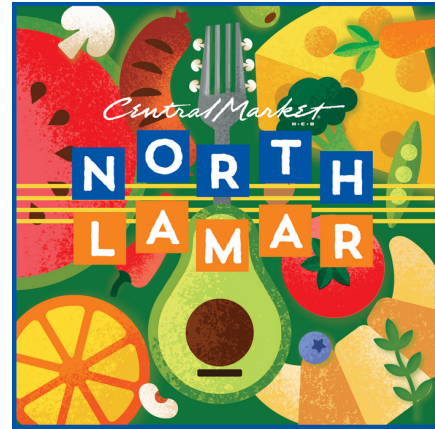
## Meet & Greet Family Pop-UP! Social

February 28 (RSVP not required)

hosted by Inga and Dr. Richard Ruckman

Gather your crew and join TCMA members for a relaxing and informal morning at  
**Central Market (4001 N. Lamar Blvd);**  
**10-11am.**

Look for the patio table with the colorful tablecloth; your Pop-UP! host will meet you there. There's lots of open space, covered seating, picnic tables and a kid's playground. Fur babies are welcome too. Café snacks are available for purchase or bring your own.



Inclement weather? No problem. We can always move the fun indoors. And as a bonus, you can get a little shopping done before you leave.

## **SAVE THE DATES**

**March 14 & 28**

**April 10 & 24**

**May 8 & 22**





**TRAVIS COUNTY MEDICAL ALLIANCE & FOUNDATION**

*Centennial Celebration*

**PRESENTING SPONSOR**

**Travis County Medical Society**

**GOLD STAR**

- Austin Regional Clinic
- Clinical Pathology Associates
- Capitol Anesthesiology Association
- UT Health Austin

**SILVER STAR**

- Austin Anesthesiology Group
- Central Texas Cancer Centers, Dr. Douglas Rivera

**BRONZE STAR**

- Aloe Skin + Body by Dr. Whitfield
- Texas Fertility Center
- Sarah & Ernest Butler Family Fund
- Texas Medical Association Insurance
- Insperity
- TOC Eye and Face, Dr. Sean Blaydon
- Open Envelope Studios Landscape Design & Build
- The Wade Alliance, LLC
- PNC Bank
- Wellness Brain & Spine, Dr. Stanley Kim

**BRIGHT STAR**

- Eye Institute of Austin



# **Proposed 2024-2025 TCMA and TCMA Foundation Executive Board**

Thank you to the following members for saying YES to serving on next year's executive board. Please be sure to attend the TCMA general meeting on February 27 where we will vote to approve the slate. We can't do it without you!  
Let me know if you are interested in serving as VP of Medical Affairs.

Shannon McNeil, Chair  
Nominating Committee

[shannonmcneil@me.com](mailto:shannonmcneil@me.com) 210-471-1927

**President**  
**President Elect**  
**Secretary**  
**Treasurer**  
**Treasurer-Elect**  
**VP Financial**  
**Development**  
**VP Membership/  
Recruitment**  
**VP Membership/  
Records**  
**VP Community Service**

**Karin Foster**  
**Inga Ruckman**  
**Rasha Madkour**  
**Kathy Trizna**  
**Lindy Brand**  
**Debbie Chilton**  
**Edie Finch**  
**Cathy Thompson**  
**Ashley Whitfield**  
**Janet Schnedier**  
**OPEN**  
**Carrie Conner**  
**Alison Queralt**  
**Christi Dammert**

**VP Communications**

**VP Medical Affairs**

**VP Programs**

**VP Enrichment**

**Parliamentarian**





## SLH Meal Prep

### TACO Thursday, February 29

We will be preparing a meal for SLH residents: a crispy taco bar, Spanish rice, refried beans and garden salad.

If you are interested in providing food or delivering food, please contact **Jeni Lowry at 512-913-9062.**

[Sign Up Here](#)

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## Siete's Practitioner Program



If you find yourself referring Siete's products to patients, join the Practitioner Program, a community of health and wellness professionals who value **Salud y Sabor** (health and flavor) in their own practice.

Created to help a family member overcome major health challenges, Siete products are inspired by Mexican-American culture with ingredients like avocado oil, organic beans, almond flour, and organic corn. They are grain free and taste great!

You can apply [here](#) and if you have questions, send a note to [practitioner@sietefoods.com](mailto:practitioner@sietefoods.com).

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## Week \*in\* Pictures

TCMA Board - Taking Care of Business



Don't forget to visit/like/tag/share our [Facebook](#)  
and [Instagram](#) pages.  
Social media is your #1 source for updates on our

***Centennial Year!***

**Follow Us**



# TCMAF Fund Drive

Thank you, Fund Drive Donors!

## SPONSOR

Sarah and Ernest Butler Family Fund  
Dr. Jim Eskew and Lynn Langley

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Paul and Toni Burns  
Bob and Karin Foster  
Cecilia Neuhaus Deaton (*In Memory of Russell W. Neuhaus, MD*)

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Martha and Richard Coons  
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Bere and Jason Craig  
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Christi and Mark Dammert  
Karen Kim and Dr. Stanley Kim  
Beth and Kevin O'Farrell  
Alison and Mark Queralt  
Richard and Susan Redfern  
Inga and Richard Ruckman  
Melissa and Todd Smith (*In Honor of William B. Peterek*)  
John and Cathy Thompson  
Carla Wilkenfeld

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Patricia Garcia  
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Sharon and Gregory Kronberg  
David and Ann McFarland  
Shannon and Jeffrey McNeil



Phyllis Tate  
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MARLENE WISE (IN HONOR OF NENE ASHOUR)

### OTHER DONORS

Rasha Madkour and Dr. Ramsey Ashour

\*\*Please contact us with any omissions or corrections.

Every donation takes us one step closer to fully funding our grant recipients.

If you haven't already done so, please consider making a [tax-deductible donation](#) today.

To make a donation online (in **\$50 increments**) click [here](#) or contact Karen Kim to pay by check.

**Karen Kim, Fund Drive Chair**

[karenckim@gmail.com](mailto:karenckim@gmail.com)



# Vital Signs and Social Media Submissions

Please submit event/enrichment/meeting content to Deneitra ([denny@wadealliance.com](mailto:denny@wadealliance.com)) by 5pm, on Friday prior to Monday distribution. Every effort will be made to include items after the deadline, with no guarantee. Date-dependent content will appear in the newsletter until expiration.

Content for the public Facebook and Instagram pages may be submitted to the email address above or to Deneitra at [communications@tcmalliance.org](mailto:communications@tcmalliance.org). No deadlines apply.

## To submit information/content:

Share within the body of the email or attach a Word document (**.doc**) file.

Attach images (**JPEG, PNG or PDF**) or include within body of email.

Alternatively, content may be shared with Google Drive if link is provided.

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512-206-1270

[www.tcmalliance.org](http://www.tcmalliance.org)



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