

Travis County Medical Alliance <webmaster@tcmalliance.org>

4/22/2024 8:00 AM

TCMA Vital Signs April 22, 2024

To Deneitra Hutchison <denny@wadealliance.com>

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TRAVIS COUNTY MEDICAL ALLIANCE

*A Century of Supporting
Healthcare in Central Texas*

TCMA Vital Signs April 22, 2024

Upcoming Events

April 24: Book Review

April 24: Morning Meet-up (May 8 & 22)

April 28: Family Pinball & Arcade Party

May 1: Mah Jongg

May 2-4: ALLMED Statewide Conference

May 7: Board Retreat (*by invitation only*)

May 9: Mixology Happy Hour - Home of Wendy and Tony Propst

May 22: Book Review

President's Notes

We are excited to announce that we have two new Honorary Members! Honorary Members are members who have had exceptional service with the TCMA and/or medical community. Honorary Members have full privileges of membership but are exempt from TCMA dues; corresponding Texas Medical Alliance dues will be paid on their behalf by the TCMA. Our board proposes and recommends honorary candidates, with the final vote resting with our members. Becoming an Honorary Member is the ultimate way for the TCMA to say thank you for dedication and service to the family of medicine.

As we close out our Centennial Year, two members - Julie Cowan and Beverly O'Brien, join the ranks of honorary membership. Congratulations to you both, and thank you for everything you've done to make our Alliance stronger.



Julie Cowan (**back row, second from right**) has served on the board in various positions, including 2004-05 TCMA President; chaired countless committees; and was awarded Volunteer of the Year twice (20 years apart). Julie's commitment to and unwavering support of the TCMA has been demonstrated in her decades of dedication and continuous engagement with our missions of community service, legislative action, and membership enrichment.

Beverly O'Brien (**front**) embraces the heritage and longevity of our organization. Aside from Honorary Member Sarah Butler, Beverly is the most tenured member of the TCMA, having joined in 1970. In the last 54 years, Beverly has served on the Executive Board multiple times and has been very active in community service programs and enrichment groups. Beverly has had a lifelong commitment to and participation in the TCMA.



Each April TCMA is honored to present grant funds to selected nonprofit recipients who support the under-served in our area. During our Centennial Year, the Executive Board chose 10 organizations who collectively address a variety of needs that might otherwise go unfunded. These include: high-quality healthcare for the under- and uninsured; healthcare career training for at-risk youth; eldercare; vision care for children and families; physician and family member counseling; therapy for children experiencing trauma; housing stability with wraparound services; and prescribed donor human milk for struggling babies. Thanks to our committed members and generous sponsors, the TCMA was able to fulfill 100% of our grant requests, totaling \$68,000! Our collective efforts continue to make a huge impact improving healthcare for Central Texans.

Thank you all for your service and dedication!



Let's all congratulate Alison Queralt (***pictured in the middle***), our 2024 Centennial Year **Volunteer of the Year!** Without prior financial experience, Alison stepped into the role of VP-Treasurer and took to YouTube to learn QuickBooks. Her tireless dedication overseeing the budget, disbursing funds and making sure the Alliance's bills were paid on time cannot be overlooked.



The meeting concluded with me passing the gavel to **Karin Foster**, the new TCMA President. I have full confidence that she will do a wonderful job leading our Alliance into the next 100 years.



Mah Jongg

Wednesday, May 1



All are welcome to join.
Contact Kathy Thorstad
kthorstad@austin.rr.com
for more information.

Book Review

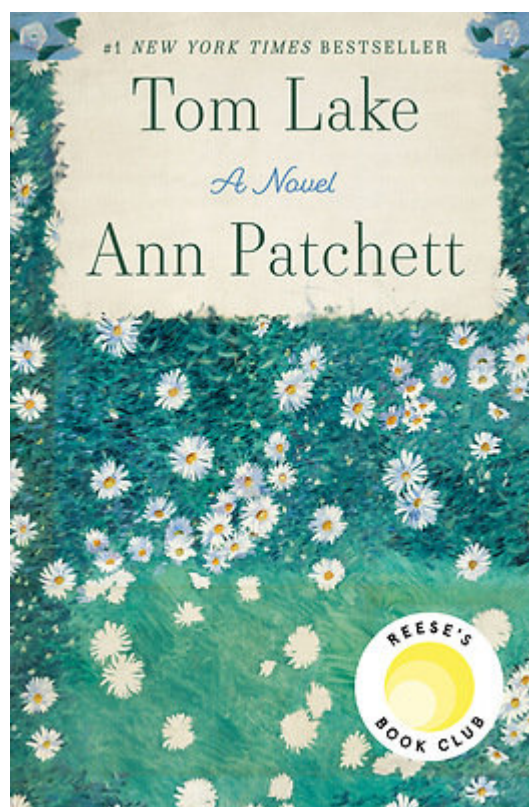
April 24, 2024

***11am**

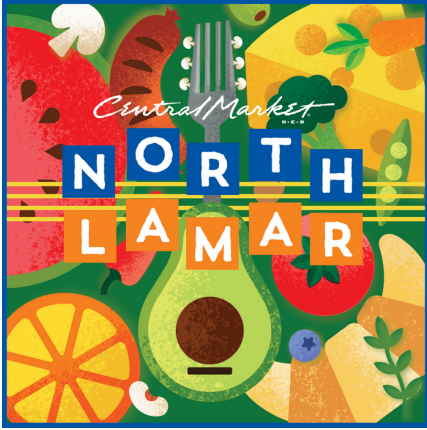
**Tom Lake by
Ann Patchett**

Reviewed by Cindy Nelson
at the home of Peggy Russell
in Marble Falls

**Note time change to allow travel time;
this meeting only*



Morning Meet-up



Wednesday, April 24 (RSVP not required)
Hosted by **Deneitra Hutchinson**

Gather your crew and join TCMA members
for a relaxing and informal morning at

Central Market
4001 North Lamar Blvd
10-11am

Look for the patio table with the colorful tablecloth; your Pop-UP! host will meet you there. There's lots of open space, covered seating, picnic tables and a kid's playground. Fur babies are welcome too. Café snacks are available for purchase or BYOS (bring your own snacks).

UPCOMING DATES: May 8 & 22





TRAVIS COUNTY
MEDICAL ALLIANCE
SPRING FAMILY MEMBERSHIP PARTY

SUNDAY, APRIL 28TH
+ 11AM-1PM
PINBALLZ

8950 RESEARCH BLVD, AUSTIN 78759
* MEMBERS AND POTENTIAL MEMBERS
ARE WELCOME! *

Contact Inga Ruckman to RSVP
vp-membership@tcmalliance.org

TCMA Mixology Happy Hour



cheers!

TCMA LET'S GET
TOGETHER TO
CELEBRATE A FANTASTIC
CENTENNIAL YEAR!

THURSDAY, MAY 9TH

6:00 - 8:00PM

HOSTED BY
WENDY & TONY PROPST

4121 MEK DRIVE
AUSTIN, TX 78731

Members and potential members are welcome!

Contact Inga Ruckman with any questions.
RSVP Required, limited space available
vp-membership@tcmalliance.org



Make plans to attend
ALLMED 2024
May 2 - 4
Omni Hotel - Dallas, TX

The alliance with the most
 members at the
Annual Business Meeting
 will receive \$500.

Register Here



BOOKSPRING FEST

a read aloud celebration

Saturday, May 4th • 12PM-6PM • 1807 W Slaughter Ln Bldg #1



- Special Guest Read Alouds
- Kid-Friendly Carnival Games
- Drinks & Snacks
- Petting Zoo
- Face Painting
- Balloon Making
- Books
- Drinks for the Adults
- ALL FREE!**



Reserve Your Tickets

BookSpring, TCMS, and TCMA has a long history that is thriving today. The current BookSpring ReadWell program is alive and well throughout Travis County pediatric offices. The program ensures that children birth to age five have access to over 25,000 books each year and develop a lifelong love for reading. Dr. Karen Haslund was once quoted as saying "Second to immunizations, this is the most important thing I do as a pediatrician." This is still true today Dr. Haslund!

Each year, **TCMS partners with AISD Student Health Services to provide FREE athletic physicals to AISD students** who have financial restrictions and other barriers to health care.

Volunteers are needed to assist with taking height and weight; chaperoning; directing students to various stations; and providing snacks. Spanish speaking is a plus.

To volunteer for the 2024 physicals, please complete the volunteer form provided below.



[Volunteer Form](#)

Week *in* Pictures

To see additional pictures taken at our April 16th General Meeting, click

[here!](#)



Don't forget to visit/like/tag/share our [Facebook](#)
and [Instagram](#) pages.
Social media is your #1 source for updates on our
Centennial Year!

Follow Us



Vital Signs and Social Media Submissions

Please submit event/enrichment/meeting content to Deneitra (denny@wadealliance.com) by 5pm, on Friday prior to Monday distribution. Every effort will be made to include items after the deadline, with no guarantee. Date-dependent content will appear in the newsletter until expiration.

Content for the public Facebook and Instagram pages may be submitted to the email address above or to Deneitra at communications@tcmalliance.org. No deadlines apply.

To submit information/content:

Share within the body of the email or attach a Word document (**.doc**) file.

Attach images (**JPEG, PNG or PDF**) or include within body of email.

Alternatively, content may be shared with Google Drive if link is provided.

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512-206-1270

www.tcmalliance.org



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