

Travis County Medical Alliance <webmaster@tcmalliance.org>

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## TCMA Vital Signs September 25, 2023

To Deneitra Hutchison <denny@wadealliance.com>

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**TRAVIS COUNTY MEDICAL ALLIANCE**

*A Century of Supporting  
Healthcare in Central Texas*

## TCMA Vital Signs September 25, 2023

### **IN THIS EDITION:**

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**TCMA: Celebrating a Century of Supporting Healthcare**

**Luncheon Meeting Recap**

**September 27: Book Club Review**

**September 28: SLH Cookie Request**

**October 1: Pop-Up Social at Meanwhile Brewery**

**October 5-7: TMAA/TMA Business of Medicine Conference**

**October 10: Executive Board Meeting**

**October 17: General Meeting - Cooking Class**

**November 5: Toast to Doctors**

## TCMA: Celebrating a Century of Supporting Healthcare



A member of Travis County Auxiliary, Mrs. Wayne Goff, takes part in their Visual Screening program shown here at the San Jose Day Center.



Participants in the bridge tournament which was part of the Woman's Auxiliary meeting on October 16 were, left to right: Mrs. James (Joyce) Cunyus, Mrs. V. C. (Vickie) Smart, and Mrs. William (Kathy) Thorstad.

Fifty years ago, TCMA members kicked off their 1973-74 program year with a day of tennis and bridge tournaments, followed by a lunch at Westwood Country Club. Some of the guests that day included **Beverly O'Brien** and **Kathy Thorstad**. (Check our photos of Kathy and Beverly from that meeting in 1973.) Last week, our 2023-24 Centennial year kicked off with a luncheon and meeting, and guess who was in attendance?!

Beverly O'Brien and Kathy Thorstad!

While reminiscing, Beverly shared that she joined the Alliance in 1969 and that she loved helping children with eye screenings. Throughout the 1970s, the Alliance participated in vision screenings, collecting eye wear, and promoting vision health. Today, vision health is still a focus for the TCMA. In addition to awarding grant money to halfHelen, our members are committed to assisting the organization with collecting and distributing eye wear.

Click [here](#) to learn more about the history of the TCMA.



# Centennial Luncheon & General Meeting Recap

We had a wonderful start to the year at our Centennial Luncheon & General Meeting with 43 members in attendance! We honored our past Volunteers of the Year, with 13 recipients sharing stories and providing a look back at TCMA's history.

The County Line Legendary Bar-B-Q was served, while members enjoyed the beautiful views from the Vista Room. Details of our upcoming General Meeting are included below. This is will be a fun and rewarding Centennial Year!



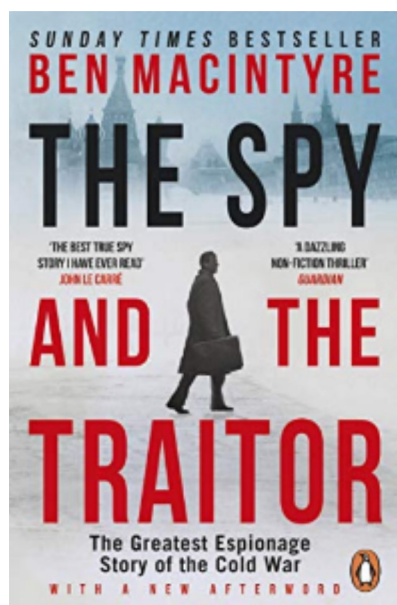
## Volunteer of the Year Awardees



**Standing:** Lara Norris, Cindy Nelson, Shelly Ozdill, Wendy Kratzer, Christi Dammert, Beth O'Farrell, Deneitra Hutchinson, Carrie Conner, Sherry Morgan

**Seated:** Ann Morales, Julie Cowan, Christina Feinrich, Lori Benold





## Book Review

Join us on **Wednesday, September 27, from 10am-12pm**  
at the home of Carrie Conner  
(1504 Northwood Road)

You are welcome to join, regardless  
of whether you have read the book or  
not. No need to RSVP

*\*apologies in advance for  
construction across the street.*

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**SLH Needs 6 Dozen Cookies!!**

Okay, nobody actually NEEDS cookies, but it would be a sweet ending to the SLH meal. We could also use an extra set of hands to help pull everything together.

You can sign up with the SignUp Genius to help on **Thursday, September 28, 8:30-10:30am** at the home of Jeni Lowry, SLH Chair:  
**222 West Avenue, #1901**

<https://www.signupgenius.com/go/10C0949A9AA22A3FD0-september>

Contact Jeni, if you have questions:  
**512-913-9062**



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## Join Our 1st Pop-Up Social!



This is a family event! **Christi & Mark Dammert** and their kids will be at Meanwhile Brewery (East Austin) on **Sunday, October 1, around 1pm** for the [Oktoberfest](#) celebration.

It's a casual event; drop in whenever you like; bring your kids; **no RSVP needed.**

**3901 Promontory Point, ATX**

Pop-Up Socials are new to the TCMA! They are casual get-togethers inspired and announced by TCMA members. It can be something big or small; may or may not require an RSVP; include adults or families. Anything goes! This is not overseen by a committee. Send Pop-Up Social information directly to [Deneitra](#) and details will be shared.



## Follow Us



Don't forget to visit/like/tag/share our [Facebook](#) and [Instagram](#) pages.

Social media is your #1 source for updates on our

***Centennial Year!***



# October General Meeting Cooking Class





Join us for a fun, fall cooking class:

**October 17, 2023**

**10:30am**

**Central Market**

**4001 North Lamar Blvd.**

Tickets are \$25 and space is limited. RSVP deadline is October 9.  
Contact Lara Norris ([larisalee1968@aol.com](mailto:larisalee1968@aol.com)) if you have questions

**Buy Ticket Here**

## Toast to Doctors

### Sunset Cocktail Cruise

Capital Cruise Party Boat

Lady Bird Lake

**Sunday, November 5; 5-7pm**

\$25 ticket includes drinks and  
snacks



[RSVP Here](#)

**BUSINESS  
OF MEDICINE**  
SHAPING THE FUTURE OF HEALTH CARE

**TEXAS MEDICAL  
ASSOCIATION**  
Physicians Caring for Texans

**OCT. 5-7**  
HYATT  
REGENCY  
LOST PINES

A banner for the Business of Medicine Conference. The left side features the text "BUSINESS OF MEDICINE" in large, bold, white letters on a dark blue background, with "SHAPING THE FUTURE OF HEALTH CARE" in smaller white letters below. The right side features the Texas Medical Association logo (a red star) and the text "TEXAS MEDICAL ASSOCIATION" and "Physicians Caring for Texans". Below that, the dates "OCT. 5-7" and the location "HYATT REGENCY LOST PINES" are listed.

The Texas Medical Association's Business of Medicine Conference, formerly Fall Conference, is an educational conference for physicians. It will provide a comprehensive overview of the business of medicine.

[Register Today](#)



## Vital Signs and Social Media Submissions

The weekly Vital Signs Newsletter is distributed each Monday. Submissions are due to Deneitra ([denny@wadealliance.com](mailto:denny@wadealliance.com)) by 7pm, the Friday prior to distribution. Every effort will be made to include items after the deadline, but there are no guarantees. Content that is date-driven will appear in the newsletter until expiration. If you receive a draft newsletter, please review and re-submit any changes by 10pm Saturday.

Likewise, content for our public Facebook and Instagram pages may be submitted to the email address above or to Deneitra at [communications@tcmalliance.org](mailto:communications@tcmalliance.org).

Deadlines do not apply.

### **To submit information, email:**


Attach text as a Word Doc, Google Doc or share within the body of an email.

Attach images as JPEG, PNG or PDF. Alternatively, images may be shared from Google Photos.

If you are having trouble receiving your copy, please click the [link](#) to reactivate your account.



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