Travis County Medical Alliance <webmaster@tcmalliance.org>

9/18/2023 8:01 AM

## TCMA Vital Signs September 18, 2023

To Deneitra Hutchison <denny@wadealliance.com>

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TCMA Vital Signs September 18, 2023

## IN THIS EDITION:

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TCMA: Celebrating a Century of Supporting Healthcare

**September 19: Centennial Luncheon & General Meeting** 

September 20: Mah Jongg

**September 28: SLH Meal Prep** 

October 1: Pop-Up Social at Meanwhile Brewery

October 5-7: TMAA/TMA Business of Medicine Conference

**October 10: Executive Board Meeting** 

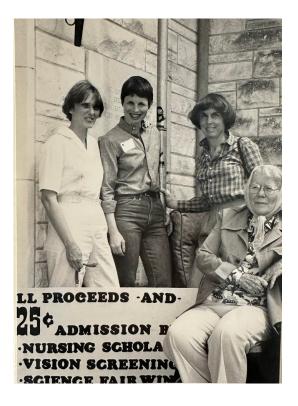
**October 17: General Meeting** 

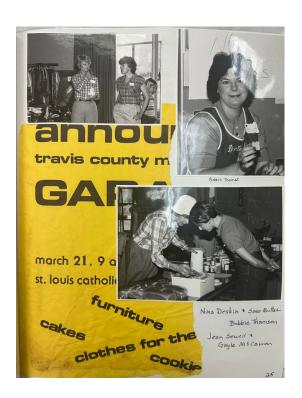
**November 5: Toast to Doctors** 

half Helen Volunteer Opportunities

Joint Meeting Task Force Volunteers

TCMA: Celebrating a Century of Supporting Healthcare





(Pictured in left photo: Ann Capps, Susan Jackson, Earlene Fulmer) (Pictured in right photo: Nina Deskin & Sarah Butler, Bobbie Thomas, Jean Sewell & Gayle McCarron)

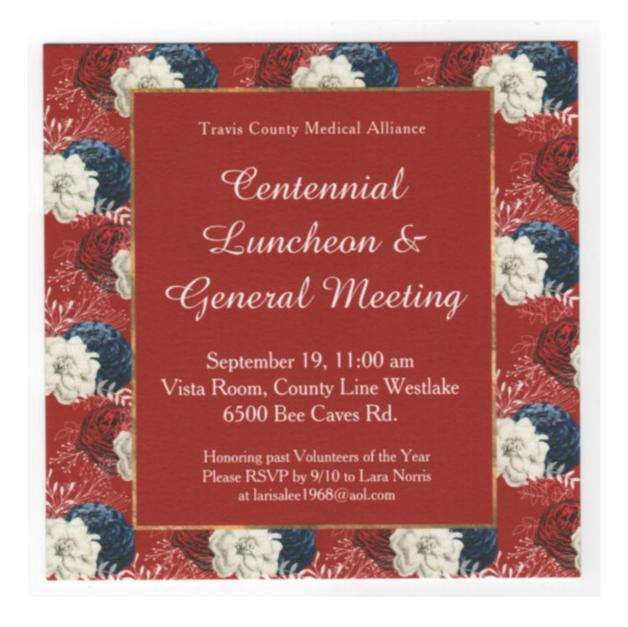
In 1981 TCMA members organized an annual garage sale to fund raise for scholarships and financial donations to local organizations. It is so fun to see this sign displaying their support of nursing scholarships; vision screening; and the science fair which are all causes we continue to support today. In 2023 the Alliance continues to award \$20,000 in nursing scholarships; works with grant recipient half Helen to provide volunteers to assist with vision screenings at local schools; and this is the 70th year that we are supporting the Austin Science Fair. It's also really fun to see photos of TCMA members who are still active today. Check our Sarah Butler!

Click here to learn more about the history of the TCMA.

9/20/2023, 4:55 PM

# Centennial Luncheon and General Meeting

You should have received your personal invitation to our Centennial Luncheon and first General Meeting! from VP of Programming, Lara Norris. We cannot wait to see you there!





# Time to Play Mah Jongg

Join us on Wednesday, September
20 at
Chinatown North, 3407 Greystone
Drive

Lunch will be at 11:30am, followed by play until 2:30pm. Got questions? Contact Kathy Thorstad (kthorstad@rr.com)

## Slidin' Into Fall Meal Prep

Help prep a meal for the SLH at the home of Jeni Lowry, SLH Chair:

222 West Avenue, #1901, ATX Thursday, Sept. 28, 8:30 - 10:30am

Food items can be dropped off the day before. Use the SignUp Genius link below to volunteer and/or donate.

https://www.signupgenius.com/go/10C0949A9AA22A3FD0-september

Contact Jeni, if you have questions: 512-913-9062



# Join Our 1st Pop-Up Social!



This is a family event! Christi & Mark

Dammert and their kids will be at

Meanwhile Brewery (East Austin) on

Sunday, October 1, around 1pm for
the Oktoberfest celebration.

It's a casual event; drop in whenever
you like; bring your kids; no RSVP
needed.

3901 Promontory Point, ATX

Pop-Up Socials are new to the TCMA! They are casual get-togethers inspired and announced by TCMA members. It can be something big or small; may or may not require an RSVP; include adults or families. Anything goes! This is not overseen by a committee. Send Pop-Up Social information directly to <a href="Deneitra">Deneitra</a> and details will be shared.



### **Follow Us**



Don't forget to visit/like/tag/share our <u>Facebook</u> and <u>Instagram</u> pages.

Social media is your #1 source for updates on our

Centennial Year!

# General Meeting October 17 10:30 am



Join us for a fun Fall Cooking Class at Central Market! 4001 North Lamar Blvd. 78756

Reserve your spot for \$25.00 by October 9<sup>th</sup> on the TCMA website at

www.tcmalliance.org

Space is Limited! tions, contact Lara Nor

Any questions, contact Lara Norris at larisalee1968@aol.com

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## SAVE THE DATE

# TOAST TO DOCTORS Sunset Cocktail Cruise

Capital Cruise Party Boat Sunday, November 5, 2023 5pm – 7pm





The Texas Medical Association's Business of Medicine Conference, formerly Fall Conference, is an educational conference for physicians. It will provide a comprehensive overview of the business of medicine.

**Register Today** 



2023 Grant recipient half Helen has the following ongoing volunteer needs:
In-office, Spanish speaking phone receptionists;
In-school vision screeners;
Help at glasses distribution events; and
Help with preparing packages for eye wear.

Email the Community Service Committee for details on how to volunteer.



## **Joint Meeting Task Force Volunteers**

TMAA is partnering with the AMAA southern region to host a joint meeting January 24-26, 2024 in Austin. Martha Vijjeswarapu and Libby White will cochair, but we need TCMA members to help brainstorm ideas - things to do in Austin; speaker options; event planning; etc.

The task force will consist of 5-7 committee members, with an in-person meeting at the Bastrop conference on October 5 at 2pm. Additional meetings will be held via Zoom.

**Contact Martha to Help** 



# Vital Signs and Social Media Submissions

The weekly Vital Signs Newsletter is distributed each Monday. Submissions are due to Deneitra (<a href="denny@wadealliance.com">denny@wadealliance.com</a>) by 7pm, the Friday prior to distribution. Every effort will be made to include items after the deadline, but there are no guarantees. Content that is date-driven will appear in the newsletter until expiration. If you receive a draft newsletter, please review and re-submit any changes by 10pm Saturday.

Likewise, content for our public Facebook and Instagram pages may be submitted to the email address above or to Deneitra at <a href="mailto:communications@tcmalliance.org">communications@tcmalliance.org</a>.

Deadlines do not apply.

#### To submit information, email:

Attach text as a Word Doc, Google Doc or share within the body of an email.

Attach images as JPEG, PNG or PDF. Alternatively, images may shared from Google Photos.

If you are having trouble receiving your copy, please click the <u>link</u> to reactivate your account.

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