

Travis County Medical Alliance <webmaster@tcmalliance.org>

10/9/2023 8:05 AM

## TCMA Vital Signs October 9, 2023

To Deneitra Hutchison <denny@wadealliance.com>

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**TRAVIS COUNTY MEDICAL ALLIANCE**

*A Century of Supporting  
Healthcare in Central Texas*

## TCMA Vital Signs October 9, 2023

### **IN THIS EDITION:**

Donate to the **Annual Fund Drive** [here](#).

TCMA: Celebrating a Century of Supporting Healthcare

**October 10:** Executive Board Meeting

**October 17:** General Meeting - Cooking Class

**October 25:** Book Review

**October 29:** Trunk-n-Treat **VOLUNTEERS NEEDED**

**November 5:** Toast to Doctors

**November 9:** Save the Date

Week \*in\* Pictures: Oct. 2 - Oct. 8

# TCMA: Celebrating a Century of Supporting Healthcare



Amy Wilson Bo Coulson Daphne Johnson



Beth Kerr



Linda Denton



Ann Capps

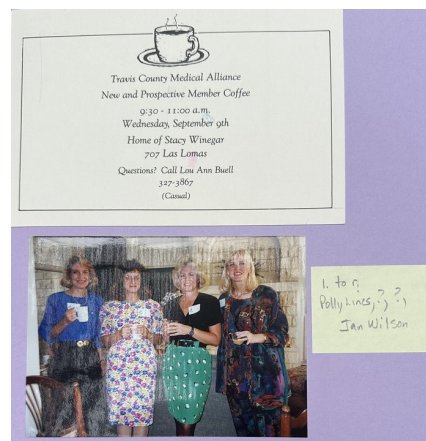
Bo Coulson

Newcomer's Coffee, 9-14-78

October is here! **So is our membership drive.** This is the perfect time of year to invite new members to experience all the Alliance has to offer. And we offer lots! Here's a look back at three decades of **New and Prospective Member Coffees** (1978, '84, and '91), traditionally hosted at the president's home.

Over time, fall has become a very active season for the TCMA. General meetings, Toast to Doctors and enrichment groups provide wonderful opportunities to include prospective members. The most important thing to keep in mind when asking someone to join is emphasizing the value the alliance provides its members. Feel free to share your personal experiences of connecting with Family of Medicine colleagues; volunteering in your community; building a relationship with legislators; or whatever energizes you about being part of the alliance and keeps you engaged. By sharing all the joy the Alliance has to offer we will help carry the TCMA into the next 100 years.

And, one last thing...**renew your membership now!**



# The 2024 Membership Campaign is Underway!

Why not grab a cup of coffee with a friend and renew your TCMA membership together. As a bonus, all members who submit their renewals by Thanksgiving will have the chance to win fun giveaways at the Holiday Luncheon on Friday, December 1.

### **Alliance members have three ways to renew:**

- 1) Go online to [Renewing Members](#). Look for the "Renew" button.
2. Call the TMA Knowledge Center at (800) 880-7955 with your credit card information.
3. Print an application form available online at [Membership Dues Form](#) or use a paper statement; mail with check to

**TMA Alliance  
401 W 15th St  
Austin, Texas 78701**



## It's Fund Drive Time!

Annual fund drive letters were emailed last week. All funds help the TCMA Foundation fulfill its mission of improving the health of Central Texans through community service grants. While we have yet to select our grant recipients, please consider making a [tax-deductible donation](#) today (in \$50 increments) to support our philanthropic efforts during this centennial year!

Recognized levels of giving are: **Contributor** (\$100-\$249), **Associate** (\$250-\$499), **Gold** (\$500-\$999), **Partner** (\$1000-\$1499), and **Sponsor** (\$1500+).

On behalf of the entire membership, thank you for your consideration and support. You can find the detailed fund drive letter at <https://www.tcmalliance.org/about1-c150g>.

**Karen Kim, Fund Drive Chair**

[karenckim@gmail.com](mailto:karenckim@gmail.com)



## Mah Jongg

**October 18; 11:30am - 2:30pm**  
**Waterloo Ice House**  
**(Burnet Road location)**

Contact [Kathy Thorstad](#) for details.  
All are welcome!

# October General Meeting Cooking Class



**Today is the final day to RSVP for a fun, fall cooking class:**

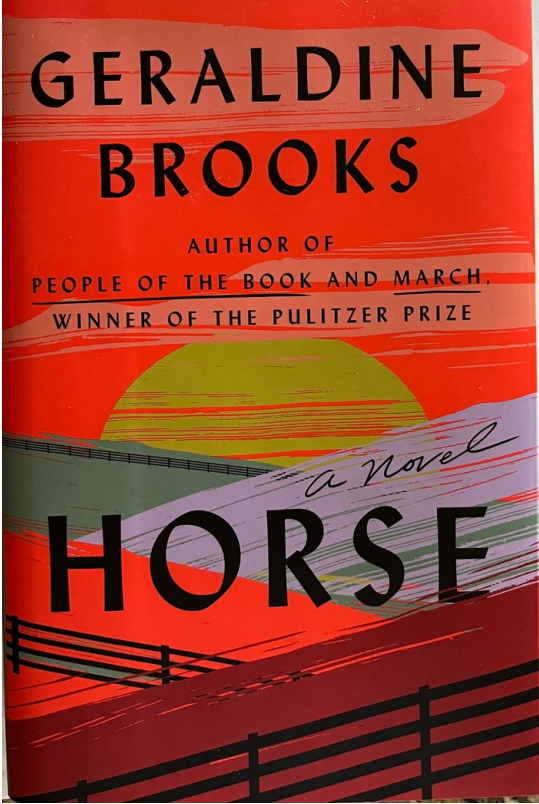
October 17, 2023; 10:30am

Central Market

4001 North Lamar Blvd.

Tickets are \$25 and space is limited. **RSVP deadline is TODAY!**  
Contact Lara Norris ([larisalee1968@aol.com](mailto:larisalee1968@aol.com)) if you have questions.

**Buy Ticket Here**



**Book Review**

**Horse by Geraldine Brooks**  
**October 25 @ 10am**  
**Karin Foster's home:**  
**7905 West Rim Drive**  
\*please RSVP so Karin can plan refreshments\*

**You are welcome to join, regardless of whether you have read the book or not. No need to RSVP**

\*Evite invitation link:  
<http://evite.me/DxM7cseNNg>

**TCMS Trunk-N-Treat**  
**VOLUNTEERS NEEDED**



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Bring your costumed goblins to this "spirited" family Halloween event. Your family will gather treats from decorated vehicles and jump to their heart's delight in the Halloween bounce house.

**Sunday, October 29**  
**3-6pm**  
**Riveren Church Parking Lot**  
**(4214 Capitol of TX Hwy, Austin)**

RSVP/Host a Treat Station  
<https://form.jotform.com/232686004929159>

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## SAVE THE DATE

'SOUP-er' Evening Meal Prep

Thursday, Nov. 9; 6pm

Upcoming opportunity to prepare soup and/or  
serve dinner to SLH residents.

Details available soon.

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## Week \*In\* Pictures: October 2 - October 8

*Left to right: TMAA President Elizabeth Vanexan, Deneitra Hutchinson, Christi Dammert*



### Follow Us



Don't forget to visit/like/tag/share our [Facebook](#)  
and [Instagram](#) pages.  
Social media is your #1 source for updates on our

***Centennial Year!***

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The logo features the number '100' in a gold, 3D-style font. A blue ribbon with a white star on the left and a gold star on the right is draped across the zeros. The ribbon contains the years '1924' and '2024' in white text. A white star with a red outline is positioned between the two zeros.

**TRAVIS COUNTY MEDICAL ALLIANCE**  
**Centennial Party With a Purpose**  
March 1, 2023 • Yuka North Loop • 5500 N Lamar Blvd

*Join the Party!*

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## Vital Signs and Social Media Submissions

The weekly Vital Signs Newsletter is distributed each Monday. Submissions are due to Deneitra ([denny@wadealliance.com](mailto:denny@wadealliance.com)) by 6pm, the Friday prior to distribution. Every effort will be made to include items after the deadline, with no guarantee. Content that is date-driven will appear in the newsletter until expiration. If you receive a draft newsletter, please review by 8pm Saturday.

Likewise, content for our public Facebook and Instagram pages may be submitted to the email address above or to Deneitra at [communications@tcmalliance.org](mailto:communications@tcmalliance.org). Deadlines do not apply.

### **To submit information, email:**


Attach text as a Word Doc, Google Doc or share within the body of an email.

Attach images as JPEG, PNG or PDF. Alternatively, images may be shared from Google Photos.

If you are having trouble receiving your copy, please click the [link](#) to reactivate your account.



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