

Travis County Medical Alliance <webmaster@tcmalliance.org>

8/14/2023 8:02 AM

## TCMA Vital Signs August 14, 2023

To Deneitra Hutchison <denny@wadealliance.com>

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## TCMA Vital Signs August 14, 2023

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## IN THIS EDITION:

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**August 23:** Book Review

**September 12:** Executive Board Meeting

**September 19:** Centennial Luncheon & General Meeting

Sharing Our History: 100 Years

VHC Back-to-School Supplies Drive

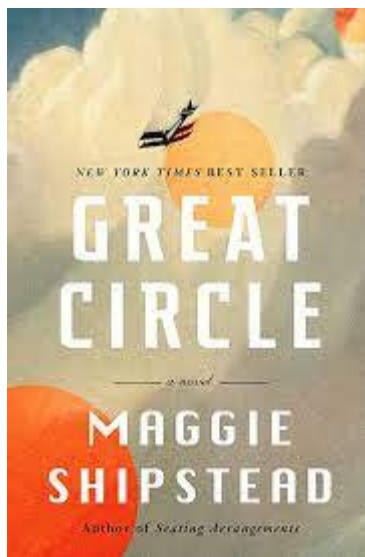
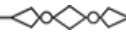
Sacred Heart Community Clinic Update

Dr. and Mrs. Roberto Bayardo Hispanic Nursing Scholarship Recipient

TMAA Focus Group

Member Discount

Your Psychology and Your Money Webinar



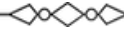
## Book Review

**Great Circle by Maggie**

**Shipstead**

**August 23, 2023**

**10am**



# Centennial Luncheon and General Meeting

Be sure to check your mail for your personal invitation to our  
**Centennial Luncheon and first General Meeting!**  
Please don't forget to RSVP to Lara Norris by September 10 at  
[larisalee1968@aol.com](mailto:larisalee1968@aol.com).  
**Can't wait to see you there!**





As we approach TCMA's centennial year (1924-2024), it is time to reflect on our organization's resilience and relevance. Celebrating a 100th birthday comes with lots of memories, many of which have yet to be shared.

In the upcoming months, Ann Morales ([annmorales40@gmail.com](mailto:annmorales40@gmail.com)) and Patty Loose ([pattyloose@me.com](mailto:pattyloose@me.com)) will be reaching out to some of you to hear your stories, historical perspective, and learned lessons from your time in the Alliance. We hope that by doing so, we will honor our history AND inspire our future.

Please contact Ann or Patty if you'd like to get involved with the Centennial Committee.

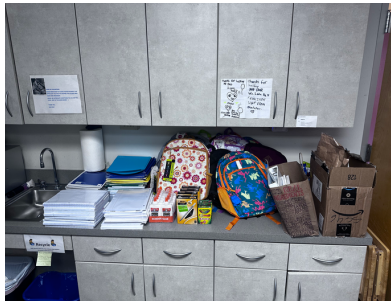


**This Heat Can't Stop Our Giving Spirit**

While many of us are traveling and enjoying a relaxing summer, TCMA members continue to find ways to improve the lives of those around us.

When the call went out, many of you generously donated backpacks, binders, notebook paper, spiral notebooks, glue, pens and crayons to support the **Volunteer Healthcare Clinic's** annual "**Healthy Kids Day.**"

Thank you to everyone who donated, and a special SHOUT OUT to Wendy Propst, VP of Community Service for leading the charge.



## Meanwhile, the Nurses Among Us

continued to serve Sacred Heart Community Clinic's Diabetic Care Program, volunteering nursing hours to support the TMA Foundation Medical Community Grant Program. The volunteer-driven medical care provided by our members, lies at the very heart of TCMA's mission to improve health and quality of life in our community. We especially appreciate Christina Fenrich and Elaine Kasper for their dedication.



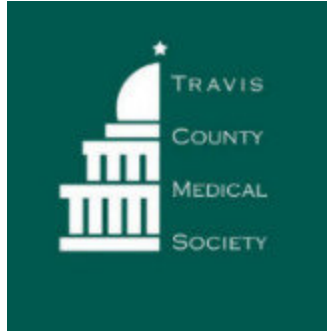
## Speaking of Nursing...

The Travis County Medical Alliance Foundation and the Texas Medical Association Foundation is pleased to announce that **Amy Arce-Rogel of Concordia's Nursing School** has been selected as the 2023 recipient of the **Dr. and Mrs. Roberto Bayardo Hispanic Nursing Scholarship** for \$10,000.

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## TMAA Focus Group

Calling volunteers for a short-term focus group with the TMAA Texas Medical Association Alliance is starting a short-term Young Members focus group for membership recruitment. The goal is to better understand how the alliance can meet the needs of members and potential members at this stage. This focus group will only meet 2-3 times via Zoom lasting about an hour each. If you know anyone whose spouse/significant other is within the first five years of his or her career who would be interested in serving, please contact Tammy Wishard ([tammy.wishard@texmed.org](mailto:tammy.wishard@texmed.org)) of the TMAA, or reach out to TCMA President Christi Dammert ([president@tcmalliance.org](mailto:president@tcmalliance.org)).



## Member Discounts

Did you know that your membership allows you to enjoy discounts and exclusive offers?

Don't miss out on a second of all the excitement this fall inside Darrell K Royal-Texas Memorial Stadium! TCMS members, employees, family, and friends are invited to attend Texas Football games at a special rate. Email [tcms@tcms.com](mailto:tcms@tcms.com) for discount details.

TCMS also has discounted tickets to the 2023-24 season of Broadway Austin! Click [HERE](#) for tickets.

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# Your Psychology and Your Money: Where Your Behavior and Investing Collide

Presented by **John Alter, PhD, CFP, AIFA** - Learn how our psychology impacts our financial decisions, unfortunately not always in a helpful way. You will be able to better understand your emotions about financial decisions and be able to make better decisions by recognizing the cognitive biases we all have simply by just being human.

[Watch Now](#)



## Vital Signs Submissions

Vital Signs will resume regular distribution after Labor Day. If you are having trouble receiving your copy, please click the [link](#) to reactivate your account.

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Social media will be your #1 source for updates on our

*Centennial Celebration!*



4300 North Lamar Boulevard Austin, TX 78756  
512-206-1270

www.tcmalliance.org



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