

Travis County Medical Alliance <webmaster@tcmalliance.org>

10/16/2023 8:18 AM

TCMA Vital Signs October 16, 2023

To Deneitra Hutchison <denny@wadealliance.com>

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TRAVIS COUNTY MEDICAL ALLIANCE

*A Century of Supporting
Healthcare in Central Texas*

TCMA Vital Signs October 16, 2023

IN THIS EDITION:

Donate to the **Annual Fund Drive** [here](#).

TCMA: Celebrating a Century of Supporting Healthcare

October 17: General Meeting - Cooking Class

October 18: Mah Jongg

PENDING: Book Review

October 29: POP-UP! Trunk-n-Treat

November 5: Toast to Doctors

November 9: SLH - Save the Date

December 1: Holiday Luncheon

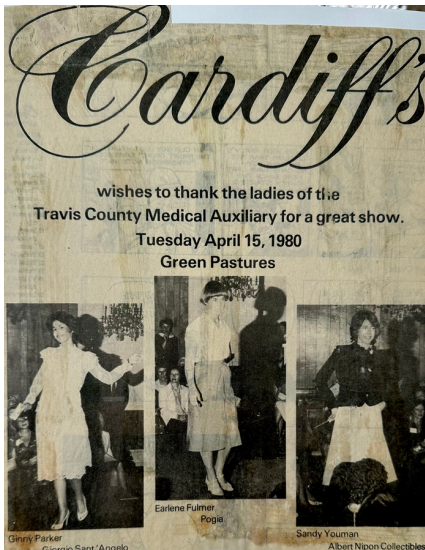
Week *in* Pictures: Oct. 9 - Oct. 15

TCMA: Celebrating a Century of Supporting Healthcare



The TCMA has always been centered around advocating for the health and wellness of Central Texans. Amidst all of that hard work, our Alliance members have done a great job building friendships, having fun, and sometimes getting a little frivolous. In the 20th Century, fashion evolved at a lightning speed, and it was all the rage to stay ahead of the trends. For decades the TCMA held annual style shows in which the members were the models, showcasing the latest fashion trends and designers. As the years progressed, Alliance members turned these style shows into fundraising events. Eventually the TCMA annual style shows fell out of fashion (*pun intended*), although there was a resurgence in 2017 (*pictured bottom, right*). While style shows are no longer in vogue (*last pun, I promise*), our members still love a good time and being a little frivolous.

To see additional photos, click [here](#).



The 2024 Membership Campaign is Underway!

Why not grab a cup of coffee with a friend and renew your TCMA membership together. As a bonus, all members who submit their renewals by Thanksgiving will have the chance to win fun giveaways at the Holiday Luncheon on Friday, December 1.

Alliance members have three ways to renew:

- 1) Go online to [Renewing Members](#). Look for the "Renew" button.
2. Call the TMA Knowledge Center at (800) 880-7955 with your credit card information.
3. Print an application form available online at [Membership Dues Form](#) or use a paper statement; mail with check to

TMA Alliance
401 W 15th St
Austin, Texas 78701



TCMAF Fund Drive Kick-Off

Many thanks to those of you who have donated to our annual FUND DRIVE! The donors list is being compiled. In the meantime, here is a list of this year's worthy recipients:

Saint Louise House
Volunteer Healthcare Clinic
TCMS PWP
Half Helen
Austin Center for Grief and Loss
Memory Caregiver Academy of Austin
Any Baby Can
Casa Marianela
Mother's Milk Bank

If you haven't already done so, please consider making a [tax-deductible donation](#) today (in **\$50 increments**) to support our philanthropic efforts during this centennial year! **Paying by check or with bill pay allows the TCMA to receive 100% of your donation without paying a service charge.**

Recognized levels of giving are: **Contributor** (\$100-\$249), **Associate** (\$250-\$499), **Gold** (\$500-\$999), **Partner** (\$1000-\$1499), and **Sponsor** (\$1500+).

On behalf of the entire membership, thank you for your consideration and support. If you did not receive the more detailed fund drive email last week, you can view it at <https://www.tcmalliance.org/about1-c150g>.

Karen Kim, Fund Drive Chair

karenckim@gmail.com



October General Meeting & Cooking Class

Tomorrow at 10:30am

Central Market

4001 North Lamar Blvd.

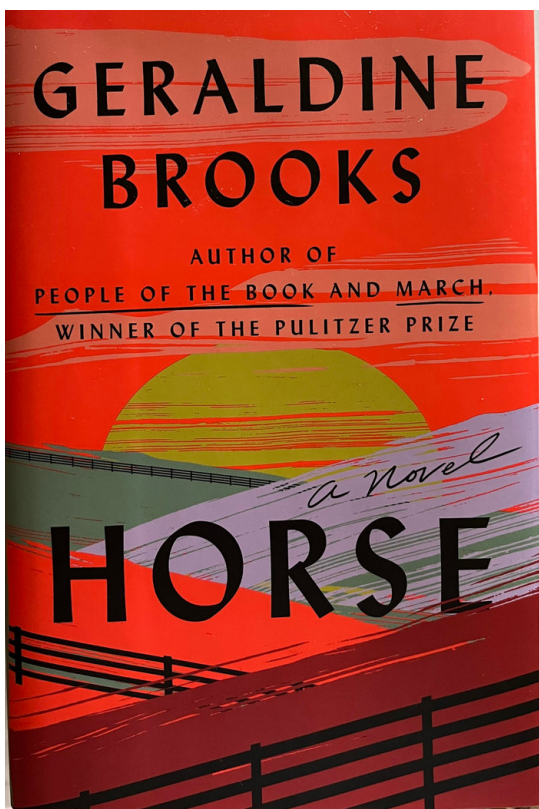




Mah Jongg

**October 18; Lunch at 11:30am
followed by play until 2:30pm**
Waterloo Ice House
(8600 Burnet Road)

Contact [Kathy Thorstad](#) for details.
All are welcome!



Book Review

Horse
by
Geraldine Brooks

Details pending; look for
information in next
week's Vital Signs or in
an EBlast.

Contact Peggy Russell
(pjmrtexas@gmail.com) with
questions.

POP-UP Social!

TCMS Trunk-N-Treat



Bring your costumed goblins to this "spirited" family Halloween event. Your family will gather treats from decorated vehicles and jump to their heart's delight in the

Halloween bounce house. And don't forget to RSVP!

Sunday, October 29

3-6pm

**Riveren Church Parking Lot
(4214 Capitol of TX Hwy, Austin)**

RSVP/Host a Treat Station

<https://form.jotform.com/232686004929159>



Toast To Doctors

[RSVP Here](#)

This annual social event brings together fellowship of peers in the community of medicine.

Capital Boat Cruise

Sunday, November 5; 5-7pm

Hor d'oeuvres, wine and beer provided

Boat departs promptly at 5pm. Plan to arrive early, park and embark on a cruise down beautiful Lake Austin on a lovely fall evening! Park at the Hyatt Regency, 208 Barton Springs Road. Enter through the hotel to the Town Lake entrance.



SAVE THE DATE

'SOUP-er' Evening Meal Prep

Thursday, Nov. 9; 6pm

Upcoming opportunity to prepare soup and/or serve dinner to SLH residents.

Details available soon.



Please plan to attend our annual


HOLIDAY LUNCHEON

HEADLINERS CLUB
221 W 6TH STREET • IN PROCORE TOWER
FRIDAY, DECEMBER 1ST AT 11:30 AM


GARAGE PARKING AVAILABLE
IN PROCORE TOWER FOR \$5
ENTER FROM 5TH ST OR COLORADO ST

RSVP BY NOVEMBER 24
BY PURCHASING YOUR \$40 TICKET
USING THE LINK PROVIDED

FOR DIETARY RESTRICTIONS AND QUESTIONS
CONTACT CARRIE CONNER 210.241.6583



TRAVIS COUNTY MEDICAL ALLIANCE
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bookspring
Launching children into a world of reading

WE CONTINUE OUR HOLIDAY TRADITION
OF BENEFITTING BOOKSPRING.
YOU CAN PARTICIPATE BY MAKING AN
ELECTRONIC DONATION AT THE EVENT
OR BY USING THE PROVIDED LINK.

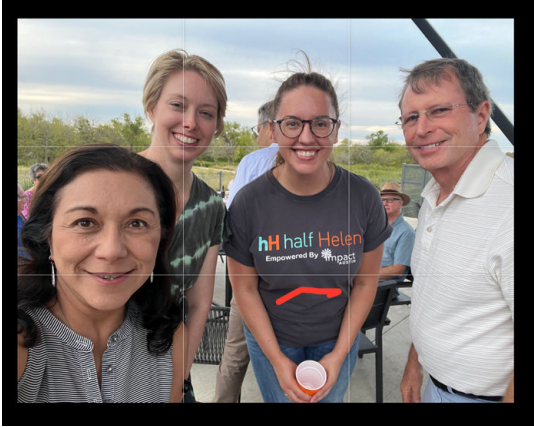
In recognition of our centennial year we will honor TCMA past presidents

[Luncheon Ticket](#)

[BookSpring Donation](#)

Week *In* Pictures: October 9 - October 15

Left: Inga & hubby with halfHelen; **Right:** TMCA Board Meeting



Follow Us



Don't forget to visit/like/tag/share our [Facebook](#)
and [Instagram](#) pages.
Social media is your #1 source for updates on our

Centennial Year!





TRAVIS COUNTY MEDICAL ALLIANCE

Centennial Party With a Purpose

March 1, 2023 • Yuka North Loop • 5500 N Lamar Blvd

Join the Party!



Vital Signs and Social Media Submissions

The weekly Vital Signs Newsletter is distributed each Monday. Submissions are due to Deneitra (denny@wadealliance.com) by 6pm, the Friday prior to distribution. Every effort will be made to include items after the deadline, with no guarantee. Content that is date-driven will appear in the newsletter until expiration. If you receive a draft newsletter, please review by 8pm Saturday.

Likewise, content for our public Facebook and Instagram pages may be submitted to the email address above or to Deneitra at communications@tcmalliance.org. Deadlines do not apply.

To submit information, email:

Attach text as a Word Doc, Google Doc or share within the body of an email.

Attach images as JPEG, PNG or PDF. Alternatively, images may be shared from Google Photos.

If you are having trouble receiving your copy, please click the [link](#) to reactivate your account.

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512-206-1270

www.tcmalliance.org



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