

Travis County Medical Alliance <webmaster@tcmalliance.org>

10/2/2023 2:39 PM

## TCMA Vital Signs October 2, 2023

To Deneitra Hutchison <denny@wadealliance.com>

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**TRAVIS COUNTY MEDICAL ALLIANCE**

*A Century of Supporting  
Healthcare in Central Texas*

## TCMA Vital Signs October 2, 2023

### **IN THIS EDITION:**

**Heads Up!** Your **Annual Fund Drive** email arrives later this week.

TCMA: Celebrating a Century of Supporting Healthcare

**October 4:** Mah Jongg

**October 5-7:** TMAA/TMA Business of Medicine Conference

**October 10:** Executive Board Meeting

**October 17:** General Meeting - Cooking Class

**October 25:** Book Review

**October 29:** Trunk-n-Treat

**November 5:** Toast to Doctors

Week \*in\* Pictures: Sept. 25 - Oct. 1

## TCMA: Celebrating a Century of Supporting Healthcare



Cathy Powell, Phyllis Tate, Charlotte Hain,  
Je Crozier, Sharon Sued, Ann Morales

TMAA's Annual Fall Conference brings together Alliance chapters from around the state to discuss leadership training and successes in growing and engaging local Alliance chapters. In **1996**, the TMAA gave accolades to the TCMA for successes with community service projects (Domestic Violence Hotline); membership communications (Vital Signs); and enrichment groups (MOPS).  
***(Pictured above: members who attended the 1996 conference.)***

Today, all TCMA members are invited attend the Business of Medicine Conference in Bastrop. This two-day event is filled with personal and community growth opportunities, but it is also a chance to develop friendships with others from across the state.

[Click here](#) to learn more about this year's conference. Online registration is now closed, but on-site registration will be available Friday, October 6. Don't miss this upcoming event that will take place right down the street from us!

Check out the photos below from the amazing **Enrichment Groups of 1996**:  
 Maj Jongg and Book Review (shown); additional photos available [here](#).  
 Click [here](#) to learn more about the history of the TCMA.



**BOOK REVIEW GANG:**

L-R seated on sofa: Martha Worchel, Diane Broberg, Diane Davis.  
 L-R in middle: Carol Watkins, Ginny Parker, Marie Caplan, Kay McHorse, Judy Talbot.  
 L-R standing: Janie Julian, Mary Darby, Margo Smith, Marina Sifuentes, Past President and Book Review Chairman Toni Burns, Immunization Wellness Task Force Rep. Debbie Jones, Vice President Financial Council Pat Wallis, Past President Sarah Butler.



**FUN AT MAJ-JONGG...**

L-R seated: Debbie Jones, Catherine Day, Lynette Krienke  
 L-R standing: Mary Jane Moran, Kathy Farley, Maj-Jongg Chairman Rose Myers, President Charlotte Haro, Past President Cathy Powell.



## Mah Jongg

**October 4; 11:30am - 2:30pm**

**Waterloo Ice House  
(Burnet Road Location)**

Contact [Kathy Thorstad](#) for details.

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## October General Meeting Cooking Class



Join us for a fun, fall cooking class:

**October 17, 2023**

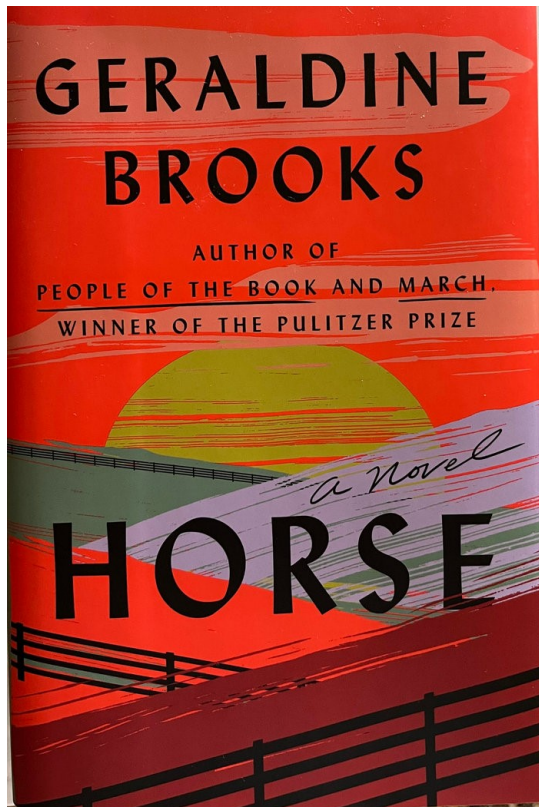
**10:30am**

**Central Market**

**4001 North Lamar Blvd.**

Tickets are \$25 and space is limited. RSVP deadline is October 9.  
Contact Lara Norris ([larisalee1968@aol.com](mailto:larisalee1968@aol.com)) if you have questions

**Buy Ticket Here**



## Book Review

**Horse by Geraldine Brooks**

**October 25 @ 10am**

**Karin Foster's home:**

**7905 West Rim Drive**

\*please RSVP so Karin can plan refreshments\*

**You are welcome to join,  
regardless of whether you have  
read the book or not. No need to  
RSVP**

\*Evite invitation link:

<http://evite.me/DxM7cseNNg>

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## TCMS Trunk-N-Treat



Bring your costumed goblins to this "spired" family Halloween event. Your family will gather treats from decorated vehicles and jump to their heart's delight in the Halloween bounce house.

**Sunday, October 29**  
**3-6pm**  
**Riveren Church Parking Lot**  
**(4214 Capitol of TX Hwy, Austin)**

RSVP/Host a Treat Station  
<https://form.jotform.com/232686004929159>





## Toast To Doctors

[RSVP Here](#)

This annual social event brings together fellowship of peers in the community of medicine.

### Capital Boat Cruise

**Sunday, November 5; 5-7pm**

**Hor d'oeuvres, wine and beer provided**

Boat departs promptly at 5pm. Plan to arrive early, park and embark on a cruise down beautiful Lake Austin on a lovely fall evening! Park at the Hyatt Regency, 208 Barton Springs Road. Enter through the hotel to the Town Lake entrance.



A banner for the 'Business of Medicine' event. The main text reads 'BUSINESS OF MEDICINE' in large, bold, white letters on a dark blue background. Below it, in smaller white letters, is 'SHAPING THE FUTURE OF HEALTH CARE'. To the right, the Texas Medical Association logo is displayed, featuring a red star and the text 'TEXAS MEDICAL ASSOCIATION' and 'Physicians Caring for Texans'. Below the logo, the event details are listed: 'OCT. 5-7', 'HYATT REGENCY', and 'LOST PINES'.



The Texas Medical Association's Business of Medicine Conference, **formerly Fall Conference**, is an educational conference for physicians. It will provide a comprehensive overview of the business of medicine.

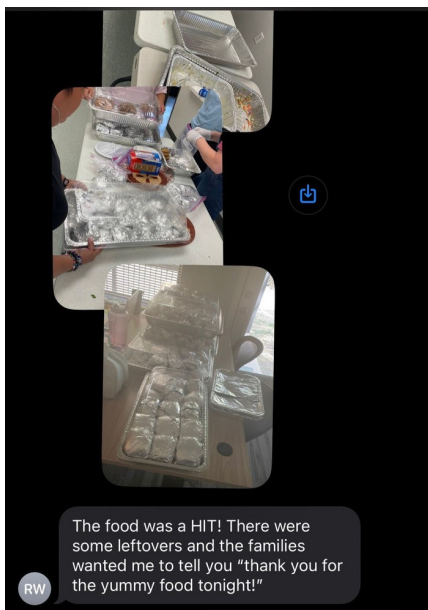
You are also invited to join us at the TEXPAC business meetings in October to discuss and vote on incumbent endorsements for the 2024 legislative election cycle. All TEXPAC business meetings and receptions will be on Friday, Oct. 6.

Be sure to attend to make your voice heard! All TEXPAC members are invited, and participation is highly encouraged for voting members. If you're not familiar with our endorsement process, check out the [TEXPAC website](#) for guidance.



## Week \*In\* Pictures: September 25 - October 1

**Left:** SLH Meal 'Thx' Text **Right:** Pop-Up Social





## Follow Us



Don't forget to visit/like/tag/share our [Facebook](#) and [Instagram](#) pages.

Social media is your #1 source for updates on our

***Centennial Year!***

A large logo for the centennial anniversary, featuring the number '100' in gold with a blue ribbon passing through it. The ribbon contains the years '1924' and '2024' separated by a white star with a red outline.

**TRAVIS COUNTY MEDICAL ALLIANCE**  
**Centennial Party With a Purpose**  
March 1, 2023 • Yuka North Loop • 5500 N Lamar Blvd

*Join the Party!*





## Vital Signs and Social Media Submissions

The weekly Vital Signs Newsletter is distributed each Monday. Submissions are due to Deneitra ([denny@wadealliance.com](mailto:denny@wadealliance.com)) by 7pm, the Friday prior to distribution. Every effort will be made to include items after the deadline, but there are no guarantees. Content that is date-driven will appear in the newsletter until expiration. If you receive a draft newsletter, please review and re-submit any changes by 10pm Saturday.

Likewise, content for our public Facebook and Instagram pages may be submitted to the email address above or to Deneitra at [communications@tcmalliance.org](mailto:communications@tcmalliance.org).

Deadlines do not apply.

### **To submit information, email:**


Attach text as a Word Doc, Google Doc or share within the body of an email.

Attach images as JPEG, PNG or PDF. Alternatively, images may be shared from Google Photos.

If you are having trouble receiving your copy, please click the [link](#) to reactivate your account.



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