

From: TCMA patriciaawallis@pb02.wixshoutout.com
Subject: Vital Signs 1-5-20
Date: January 5, 2020 at 5:18 PM
To: Kathy Kitchens Downie kathy.downie@me.com



Can't See This Message? [View in a browser](#)



January 22 - Book Group
January 26 - Book Group evening spouse event (rsvp)
February 25 - General Meeting - details to follow
February 25 - Book Group



MED BAG PROJECT

Lauren Gill is a young lady in our community who is working to make an impact in the health of those working through the system at the borders in Texas. Please read her letter, attached in the link below, and if you feel inspired, help her create “med bags” for adults and children who are trying to seek asylum here in the US.

MedBag Letter



2019-2020 Fund Drive Donors

Thank you to all Fund Drive Donors!

GRAND TOTAL (\$1500 & OVER)

SPONSOR (\$1500 & OVER)

Sarah & Ernest Butler
Wendy & Anthony Propst

PARTNER (\$1000-1499)

Carla & Byron Wilkenfeld

GOLD (\$500 - \$999)

Berenice & Jason Craig
Drs. Carol & John Ziebert

ASSOCIATE (\$250 - \$499)

Christina & Arnold Fenrich
Jack & Jennifer Carsner
Drs. John & Shannon Abikhaled
Vickie & Guy Blumhagen
Jeni & Gus Lowry
Elaine & Michael Kasper
Beth & Kevin O'Farrell
Julie & Rob Cowan

CONTRIBUTOR (\$100 - \$249)

Charlotte & Sonny Haro, MD
Pat & Ted Wallis
Jenny Stern
Ann & Hector Morales
Barbara Tindel
Martha & Richard Coons
Mary & Byron Darby
Carolyn Biebas
Karen & Michael Teneriello

DONATE HERE



Volunteer Health Clinic Wishlist!

Besides individually-packaged snacks and drinks, the Volunteer Health Clinic needs office and medical supplies, too!

Check out VHC's Wish List on Amazon and purchase any of the listed supplies; they will be sent directly to the Clinic!

Check out [https://smile.amazon.com/hz/wishlist/ls/MFXGTZ06NAHG?](https://smile.amazon.com/hz/wishlist/ls/MFXGTZ06NAHG?ref=wl_share_to_donate_to_their_cause)

ref=wl_share_to_donate_to_their_cause

Let =wi= share to donate to their cause!

Join TEXPAC Today for a Special Holiday Gift!



Deck the Halls!

2019 Limited Edition Texas Capitol Ornament

Become a TEXPAC Alliance regular member for \$55 today and receive the 2019 Limited Edition Texas Capitol ornament FREE!

Visit www.TEXPAC.org, or call (512) 370-1363.

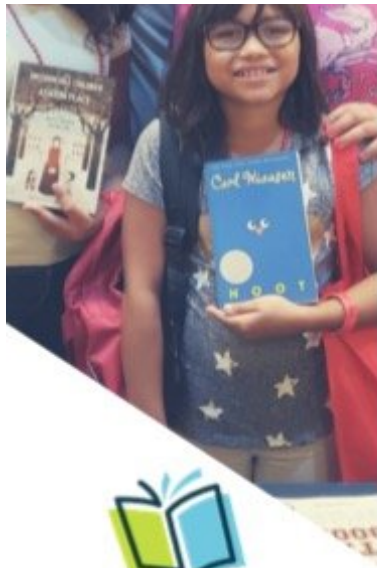
Texas Medical Association Political Action Committee (TEXPAC) is a bipartisan political action committee of TMA and affiliated with the American Medical Association Political Action Committee (AMPAC) for congressional contribution purposes only. Its goal is to support and elect promedicine candidates on both the federal level and the state level. Voluntary contributions by individuals to TEXPAC should be written on personal checks. Funds attributed to individuals or professional associations (PAs) that would exceed federal contribution limits will be placed in the TEXPAC statewide account to support nonfederal political candidates. Contributions are not limited to the suggested amounts. TEXPAC will not favor or disadvantage anyone based on the amounts or failure to make contributions. Contributions used for federal purposes are subject to the prohibitions and limitations of the Federal Election Campaign Act. Contributions or gifts to TEXPAC or any county medical society PAC are not deductible as charitable contributions or business expenses for federal income tax purposes. Federal law requires us to use our best efforts to collect and report the name, mailing address, occupation, and name of employer of individuals whose contributions exceed \$200 in a calendar year. To satisfy this regulation, please include your occupation and employer information in the space provided. Contributions from a practice business account must disclose the name of the practice and the allocation of contributions for each contributing owner. Should you have any questions, please call TEXPAC at (512) 370-1363.

A Thanks from BookSpring for TCMA Donations



Dear Friends at the Travis County Medical Alliance,

We are writing to express our deepest thanks for your recent gifts of \$200.00 and 99 books. We are continually inspired by the the dedication and



We build early literacy
in children and families
through healthcare,
education, and the
community.

(512) 472-1791 x102
2006 Greenbrook Parkway
Austin, TX 78723
www.bookspring.org

generosity of donors like you who answer the call to give again and again.

When you own the book, you own the world! Your generosity and support is an encouraging reminder that we gift children many worlds with each book.

We look forward to working with you in future endeavors and hope that we can continue to count on your support. Together we can create a world of families reading and succeeding together!

If you would like to see, firsthand, the difference your gift is making, we encourage you to volunteer anytime.

Our sincere thanks for your support throughout the years.

With gratitude,

Emily Cicchini
Executive Director

◇◇◇◇◇

Book Club Happenings

Join us to discuss the following selections:

January 22, 2020: My Antonia by Willa Cather

January 26, 2020: evening meeting with spouses to discuss Boys In The Boat by Daniel Brown. Pot-luck. RSVP required.

February 25, 2020: The Girl And The Tiger by Paul Rosolie

All daytime meetings begin at 10am. All members and potential members are welcome. Please contact Kay McHorse at kmchorse8@gmail.com with questions.

2020 Membership Renewal Campaign

The TMA Alliance has launched our 2020 Membership Renewal Campaign with an email renewal notice landing in everyone's inbox. Renew your own membership today, and join the campaign in your county to encourage others to renew, too.

Renew Here

MAH JONGG

The Mah Jongg group began their fall schedule in early September, and will continue meeting the first and third Wednesday's of the month until the end of May 2020. We welcome new players, both experienced and beginners. An email is sent to the group before each play day with the date, time, and place. Please contact me if you would like to join the group and receive emails.

Thanks, Kathy Thorstad
kthorstad@austin.rr.com

Do you have news to share in Vital Signs?!

Please send in your news by 5 p.m. Fridays for that Sunday's Vital

Signs.

Email Kathy Downie at kathy.downie@me.com.



4300 North Lamar Boulevard Austin, TX 78756512-206-1270

www.tcmalliance.org 

You've received this email because you are a subscriber of [this site](#)
If you feel you received it by mistake or wish to unsubscribe, [click here](#)